



Wollmeise Sock (knit in Spice Market)
Designed by: Monica Jines
Style: Cuff down
Needles: 2.25 dpn or size needed to get gauge

Gauge: 9 stitches / inch and 12 rows / inch

k = knit

p = purl

ssk = Slip the next 2 stitches one at a time knit wise, insert the L needle into the front of the two slipped stitches and knit them together from this position.

k2tog = knit the next two stitches together

yo = yarn over

sl = slip one stitch

psso = pass the slipped stitch over

tbl = through the back loop

co = cast on

Stitch Pattern:

1. *yo, sl1, k2tog, psso, yo, k3* repeat from * to * around
2. knit around, knitting all yo's tbl
3. knit
4. *k3, yo, sl1, k2tog, psso, yo* repeat from * to * around
5. repeat round 2
6. repeat round 3

These 6 rounds form the stitch pattern

Cuff: CO 72 stitches (18 stitches on each needle) and join in the round being careful not to twist. Work in a K1, P1 rib for 16 rounds or for desired length. Knit 1 round.

Leg:

Begin stitch pattern and continue until leg is 6 -8 inches or desired length. End with a knit round.

Heel Flap:

With needle 4 knit across needle 1. These 36 stitches will be worked for the heel flap. You will be working back and forth on just these stitches for now.

Row 1. sl1, purl across and turn

Row 2.* sl1, k1* repeat from * to * turn

Repeat these two rows until heel flap is desired length, usually 2.25 to 2.5 inches

Heel Turn

Beginning with the wrong side facing

1. slip 1, p18, p2tog, p1, turn work
2. slip 1, k3, ssk, k1, turn
3. slip 1, p4, p2tog, p1, turn
4. slip 1, k5, ssk, k1, turn
5. slip 1, p6, p2tog, p1, turn
6. slip1, k7, ssk, k1, turn
7. slip 1, p8, p2tog, p1, turn
8. slip1, k9, ssk, k1, turn
9. slip 1, p10, p2tog, p1, turn

10. slip 1, k11, ssk, k1, turn
11. slip 1, p12, p2tog, p1, turn
12. slip1, k13, ssk, k1, turn
13. slip1, p14, p2tog, p1, turn
14. slip1, k15, ssk, k1, turn
15. slip1, p16, p2tog, p1, turn
16. slip1, k17, ssk, k1

There are 20 stitches left

Gusset

With an empty needle, pick up and knit 1 stitch in the back of the loop of each stitch formed by the slipped stitches down the left side of the heel flap, pick up and knit 1 stitch in the space between the last picked up stitch and the instep stitches to prevent a hole.

With an empty needle, pattern across the instep stitches continuing from where you left off on the leg pattern.

With an empty needle, pick up the stitches along the right side of the heel flap just as for the left side of the heel flap. Then knit the first 10 stitches from the heel turn. Slip the remaining 10 stitches onto the first needle. Needles 1 and 4 hold the foot/gusset stitches and needles 2 and 3 hold the instep stitches

Decrease for gusset

Round 1

Needle 1 - knit to the last 3 stitches on the needle k2tog, k1

Needles 2 and 3 - continue in the leg pattern stitch

Needle 4 - k1, ssk, knit to the end of the needle

Round 2 work even on all needles without decreases

Continue repeating these 2 rounds until needles 1 and 4 have 18 stitches on them.

Then continue working needles 1 and 4 in stockinette stitch (knitting all stitches) and keeping needles 2 and 3 in the leg pattern stitch until the foot is 2 inches shorter than the desired length of the total foot.

Toe decreases (the toe is worked in stockinette stitch)

Decrease round

Needle 1- knit to the last 3 stitches k2tog, k1

Needle 2- k1, ssk, knit to the end

Needle 3- knit to the last 3 stitches, k2tog, k1

Needle 4- k1, ssk, knit to the end

Knit 3 rounds without decreasing

Work a decrease round

Knit 2 rounds with out decreasing

Work a decrease round

Knit 2 rounds without decreasing

Work a decrease round

Knit 1 round without decreasing

Repeat the last 2 rounds 2 more times

Then decrease every round until 20 stitches total remain. Knit across needle 1 with needle 4 and combine needles 2 and 3 together, (10 stitches on each needle)

Close toe and knit the second sock.

